

# ST FRANCIS OF ASSISI CATHOLIC SCHOOL

## SUMMER 2010

**“Prepare Ye The Way”**

Have you thought about how you can make a difference in the future of our St. Francis of Assisi Community?

*Don't let your worries get the best of you, remember, Moses started out as a basket case ☺*



GOD BLESS  
YOU  
GRADE 8!!

The warm days of summer are upon us and the Fourth of July will be here before you know it. Now it is time to settle into the “lazy, hazy days” of summer with those backyard barbecues and days at the shore, mountains or lake. I hope that you are all enjoying this time and are able to share special moments with your families.



As a community, we continue to keep your families in our prayers and hopefully you will do the same for our school family.

### PRAYER LIFE

With all the obligations that must be met, our days become quite hectic, and even our prayer life can deteriorate. Prayer is a wonderful way to greet the day and possibly enjoy the last bit of peace and quiet you may have for the next few hours. We want our school to be strong, and one way to strengthen what we do, is to begin each day with Our Lord and Savior.

### SCHOOL SUPPLIES

Please see the supply list that has been provided by the grade level teacher. If you do not have one, please go to the St. Francis of Assisi Catholic School web site and click on class news.

*“It is time to look forward and help shape and prepare future generations of Catholic Christians who will call this parish their home”  
Rev. Edward “Bud” Kaicher  
Pastor*

George R. LaVoice – Grade 8  
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As we begin summer vacation, perhaps you could put aside a bit of time to review some of the following tips in order to have your student ready for school when he/she returns in late August. Every year, and in each new grade, there are several challenges that your child will face. Good foundations are necessary for the child to be successful, and parents strongly affect the outcome of a child’s education. I would also encourage you to check your child’s daily schedule and then ask, “Is my child overbooked with outside activities”? One of our best tools as parents is being prepared. As your son or daughter works thru the middle school years, we need to be ready for at least occasional conflicts. Think through what is truly important to you. As give-and-take situations start, know ahead of time what areas you are willing to negotiate and what areas are absolutes. Children need strong, loving parents to guide them in the right paths.

I have found some stress reducers for Christians below. Perhaps, you will find some of them, as I did, valuable as we walk with Jesus throughout the summer months. Who knows, maybe we can carry them into the fall ☺

1. Pray
2. Go to bed on time.
3. Get up on time so you can start the day unrushed.
4. Delegate tasks to capable others.
5. Simplify and uncluttered your life. Less is more.
6. Allow extra time to do things and to get to places.
7. Pace yourself.
8. Take one day at a time.
9. Separate worries from concerns. If a situation is a concern, find out what God would have you to do and let go of the anxiety.
10. If you can't do anything about a situation, forget it.
11. K.M.S. (Keep Mouth Shut.) This single piece of advice can prevent an enormous amount of trouble.
12. Do something for the “Kid” in you everyday.
13. Get enough exercise.
14. Eat right.
15. Get organized so everything has its place.
16. Listen to a tape while driving that can help improve your quality of life.
17. Having problems? Talk to God on the spot.
18. Make friends with Godly people.
19. Remember that the shortest bridge between despair and hope is often a good "Thank you Jesus!"
20. Laugh.
21. Take your work seriously, but yourself not at all.
22. Develop a forgiving attitude (most people are doing the best they can).
23. Be kind to unkind people (they probably need it the most).
24. Sit on your ego.
25. Talk less; listen more.
26. Remind yourself that you are not the general manager of the universe.
27. Every night before bed, think of one thing you're grateful for that you've never been grateful for before.

**\*\* GOD HAS A WAY OF TURNING THINGS AROUND FOR YOU \*\***

***ENJOY YOUR SUMMER!***

***Remember that summer vacation does not mean a vacation from God.”***

“My soul proclaims the greatness of the Lord”