

JOG-a-THON

& Fitness Day



Pledge Sheet

Student Name _____
 Grade _____

SFS will be participating in a Jog-A-thon on March 10. Each student will have 15-20 minutes to jog or walk as many laps as possible. The average student completes 20-40 laps, so pledge accordingly. Minimum pledge per lap \$1.

Example Pledge: \$5/lap Laps Completed: 15 Amount Due: \$75

Laps Completed

Or, you may choose a flat pledge (instead of a per lap pledge) at www.sfs-vista.org/2022-jog-a-thon. Students will collect pledges **after** the event. Your support helps us fund fitness programs and after-school sports. Thank you!

Pledge per lap				or Exact Pledge	Sponsor Name	Email	Amount Due
\$1	\$2	\$3	\$5				
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
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<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				

Checks payable to "SFS PTG"

All students must return a parent signed pledge sheet certifying the total collected by **MARCH 28**

Signature of Parent _____

Total Collected _____